



North Branch Area Schools Elementary Classic Cafe Lunch Menu



**April
2010**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>APRIL HARVEST OF THE MONTH</p> <p>Grapes Mushroom</p>	<p>Fresh vegetables plus fresh and canned fruits are available daily with lunch from the Fruit & Vegetable Bar.</p>	<p><i>Free & Reduced-meal forms can be obtained from all building offices at any time throughout the school year.</i></p>	<p>1 APRIL FOOLS' DAY</p> <p>1. Cheeseburger 2. BBQ Rib Sandwich Vegetable Fruit</p>	<p>2 GOOD FRIDAY</p> <p>No School</p>
5	6	7	8	9
No School	1. Hot Dog 2. Chef Salad Vegetable Fruit	1. Chicken Fajitas 2. Turkey and Cheese Sub Vegetable Fruit	1. Grilled Cheese with Tomato Soup 2. Breaded Pork Patty Sandwich Vegetable Fruit	1. Chicken Sandwich 2. Ham Ranch Wrap Vegetable Fruit
12	13	14	15	16
1. Fish Shapes 2. Italian Ham Sub Vegetable Fruit	1. Chicken Broccoli Alfredo over Pasta 2. BBQ Rib Sandwich Vegetable Fruit	1. Meatballs and Gravy over Mashed Potatoes 2. Ham and Cheese Sub Vegetable Fruit	1. French Toast Sticks with Sausage 2. Turkey and Cheese Sub Vegetable Fruit	1. Whole Grain Stuffed Crust Cheese Pizza 2. Crispy Chicken Salad Vegetable Fruit
19 PATRIOTS' DAY	20	21	22 EARTH DAY	23
1. Corn Dog 2. Egg Salad Sandwich Vegetable Fruit	1. Breaded Pork Patty Sandwich 2. Hamburger Vegetable Fruit	1. Cheesebread with Dunker Sauce 2. Chicken Caesar Salad Vegetable Fruit	1. Beef Tacos 2. Italian Turkey Sub Vegetable Fruit	1. Chicken Strips 2. Ham Ranch Wrap Vegetable Fruit
26	27	28	29	30 ARBOR DAY
1. Ravioli with Garlic Bread 2. Crispy Chicken Salad Vegetable Fruit	1. Cheese Quesadilla 2. Turkey Bacon Wrap Vegetable Fruit	1. Beefy Nachos 2. Chef Salad Vegetable Fruit	1. Breakfast Sandwich 2. Sloppy Joe Vegetable Fruit	Domino's Day (choice of cheese or pepperoni) Vegetable Fruit Special Treat

Prepared From Scratch

Contains Pork

Vegetarian Entrée

Harvest of the Month

NEW

To check the balance in your family account or additional information. Contact Primary School at 674-1221 or Sunrise River School at 674-1135



Foods aren't Good or Bad

A healthy eating style is like a puzzle with many parts. Each part, or food, is different. Some food may have more fat, sugar or salt, while others may have more vitamins or fiber.

There is a place for all of these foods. What makes a diet good or bad is how foods fit together. Balancing your choices is important. Fit in a higher-fat food, like pepperoni pizza, at dinner by choosing lower-fat foods at other meals. And, don't forget about moderation. If two pieces of pizza fill you up, don't eat a third.

BREAKFAST/LUNCH PRICES

Elementary	\$1.25/\$1.85
Secondary	\$1.25/\$2.05
Reduced	\$0.00/\$0.40
Additional Milk	\$0.40
Adult Lunch	\$3.25
Extra Entrée	\$1.50

Menus are subject to change without notice.

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Milk Choice of 1%, Skim and 1% Chocolate is included with Lunch

To check the balance in your account or for additional information, contact:

Don Kivimaki
651-674-1520
Email